## \$10 OFF - 2/23 SELF LOVE SOUND HEALING & AFFIRMATIONS WORKSHOP

at Create Grow Flow LLC

## Self-Love Sound Healing & Affirmation Workshop



## SUN FEB 23 · 4:00PM-6:00PM



**Lisa Baker** Reiki Master, Sound Bath Practitioner



**Devin Roscillo**ADHD Coach,
Speaker, Writer

Immerse yourself in healing vibrations and empowering self-love practices. Leave with renewed energy and custom affirmation cards crafted for your journey.

\$67 Early Bird thru 1/27 \$79 Regular \$10 off code NATURAL10

BreakThru Fitness · 48 Union St, Stamford

Join us at BreakThru Fitness on Sunday 2/23 from 4-6pm for a Self Love Affirmation and Sound Bath event to immerse yourself in the healing vibrations of sound and empowering self-love practices with individualized affirmation cards. \$10 off for Natural Awakenings Readers with code NATURAL10 SIGN UP: https://sound-healing-

Terms and Conditions

\$10 off with code NATURAL10 for this event only.

affirmations.eventbrite.com

Exp: February 23, 2025 Offer Code: NATURAL10