

# \$10 OFF First Sound Bath Session - January 25, 2025

at Create Grow Flow LLC



The flyer is divided into two circular images. The left image shows a woman in a dark patterned top standing behind a table with various sound bath instruments. The right image shows a woman in a light blue top playing a large brass instrument. Text is overlaid on the flyer.

*Sound Bath*

**SAT JAN 25th**  
**4:30pm-5:30pm**

*Come join us in a relaxing sound bath filled with crystal and Himalayan singing bowls, chimes, and more.*

*Benefits include increased mood, decreased stress and anxiety, activated parasympathetic nervous system, improved heart rate, better sleep, and more.*

**\$35**

**\$10 off - First Time Attendees with code "NATURALAWAKENINGS"**

**BreakThru** 48 Union St  
Family Fit 4 Life Stamford, CT

\$10 off first sound bath for new attendees during my Sound Bath at BreakThru Fitness on Saturday January 25th, 2025 - 4:30pm-5:30pm with code "NATURALAWAKENINGS". Sign up through Eventbrite or email [creategrowflow@gmail.com](mailto:creategrowflow@gmail.com) to register.

#### Terms and Conditions

Must be a first-time customer to apply this rate and offer code will only be applied to the specific event listed above.

Exp: January 25, 2025

Offer Code: NATURALAWAKENINGS